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| |  | | --- | | **Station Lab 4.1: Action Potentials and Muscle Contraction**  Student Name:     \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | |

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| CATEGORY | 100% | 80% | 60% | 0% |
| Calculations | You did all of the calculations with frequencies and amplitudes correctly and the answers were justified. | You did MOST of the calculations correctly and MOST of the answers were justified. | Most of the calculations were NOT done correctly. | You did not complete all of the calculations required. |
| Participation | You had a positive attitude and asked questions when needed. | You had a neutral attitude and were reluctant to ask questions. | You had a neutral attitude and did not ask questions even when struggling. | You had a negative attitude and did not ask questions even when struggling. |
| Application Questions | You gave reasonable answers for both application questions. | You gave reasonable answers for both application questions with help from the coach. | You gave a reasonable answer to only one of the application questions. | You gave unacceptable answers to both application questions. |